

## Session Program

23–26 Sept 2025



European Society for  
Prevention Research

### **16th EUSPR Conference and Members' Meeting**

#### ***Parallel session 5A: Digital Interventions in Prevention***

Charité Campus Mitte  
Sauerbruchweg 2, 10117 Berlin

## Thursday 25 September

17:00

### Parallel session 5A: Digital Interventions in Prevention

Session | Location: Virchowweg 9, Innere Medizin/1-401 - Seminarraum 401

17:00–17:15

#### **Feasibility of a social media-based prevention program for German adolescents on Instagram: A mixed-methods pilot study**

**Speaker**

Elizabeth Zimmermann

17:15–17:30

#### **Interventions or strategies to improve nutrition and physical activity for healthy or at-risk populations: a scoping review of Cochrane reviews**

**Speaker**

Stefanie Maria Helmer

17:30–17:45

#### **Development of a Generative Artificial Intelligence-based Approach to Teaching Prevention Science**

**Speaker**

Filip Bogdan Serban Dragan

17:45–18:00

#### **AI-Driven Driven Clearinghouse of Preventive Interventions Supporting Healthy Youth Development to Facilitate Evidence-Based Decision-Making: A Conceptual Framework**

**Speaker**

Pamela Buckley

18:00